

PENNSYLVANIA

Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power
	0.00	
		Shared Voting Power
	6	
	2,690,153.00	
		Sole Dispositive Power
	7	
	0.00	
		Shared Dispositive Power
	8	
	2,690,153.00	
9	Aggregate Amount Beneficially Owned by Each Reporting Person	
	2,690,153.00	
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)	
	☐	
11	Percent of class represented by amount in row (9)	
	4.9 %	
12	Type of Reporting Person (See Instructions)	
	IA	

Comment for Type of Reporting Person: Intelligent Fanatics Capital Management LLC (IFCM) is the general partner of IFCM MicroCap Fund LP (Fund). The securities reported in this Schedule 13G are held directly by the Fund or other discretionary investment clients of IFCM.

SCHEDULE 13G

CUSIP No.

1	Names of Reporting Persons	
	Cassel Ian J.	
	Check the appropriate box if a member of a Group (see instructions)	
2	☐ (a) ☒ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization	
	UNITED STATES	
	Sole Voting Power	
	5	
	0.00	
Number of Shares Beneficially Owned by Each Reporting Person With:	6	Shared Voting Power
	2,690,153.00	
		Sole Dispositive Power
	7	
	0.00	
		Shared Dispositive Power
	8	
	2,690,153.00	
9	Aggregate Amount Beneficially Owned by Each Reporting Person	

	2,690,153.00
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)
	☐
	Percent of class represented by amount in row (9)
11	4.9 %
	Type of Reporting Person (See Instructions)
12	IN

Comment for Type of Reporting Person: Mr. Cassel is the sole managing member of IFCM. Mr. Cassel has shared voting and investment power with respect to, and therefore may be deemed to be the beneficial owner of, the shares beneficially owned by the Fund and other discretionary investment clients of IFCM. Mr. Cassel disclaims beneficial ownership of the shares beneficially owned by the Fund and other discretionary investment clients of IFCM, other than the shares attributable to his limited and general partnership interest therein

SCHEDULE 13G

CUSIP No.

	Names of Reporting Persons
1	IFCM MicroCap Fund LP
	Check the appropriate box if a member of a Group (see instructions)
2	☐ (a)
	☒ (b)
3	Sec Use Only
	Citizenship or Place of Organization
4	DELAWARE
	Sole Voting Power
5	0.00
	Shared Voting Power
6	2,690,153.00
	Sole Dispositive Power
7	0.00
	Shared Dispositive
8	Power
	2,690,153.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person
	2,690,153.00
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)
	☐
	Percent of class represented by amount in row (9)
11	4.9 %
	Type of Reporting Person (See Instructions)
12	PN

SCHEDULE 13G

Item 1.

Name of issuer:

(a)

INNOVATIVE FOOD HOLDINGS INC

Address of issuer's principal executive offices:

(b)

2528 S 27TH AVE, BROADVIEW, ILLINOIS, 60155.

Item 2.

Name of person filing:

(a)

Intelligent Fanatics Capital Management, LLC Ian Cassel IFCM MicroCap Fund LP

Address or principal business office or, if none, residence:

(b)

350 Rumford Road Lititz, Pennsylvania 17543

Citizenship:

(c)

Intelligent Fanatics Capital Management, LLC - Pennsylvania IFCM MicroCap Fund LP- Delaware Ian Cassel - USA

Title of class of securities:

(d)

Common Shares, par value \$0.0001

(e)

CUSIP No.:

Item 3. If this statement is filed pursuant to §§ 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

(a)

☐ Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);

(b)

☐ Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);

(c)

☐ Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);

(d)

☐ Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);

(e)

☐ An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);

(f)

☐ An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);

(g)

☐ A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);

(h)

☐ A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);

(i)

☐ A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);

(j)

☐ A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J). If filing as a non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J), please specify the type of institution:

(k)

☐ Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K).

Item 4. Ownership

Amount beneficially owned:

(a)

Intelligent Fanatics Capital Management, LLC: 2,690,153 Ian Cassel: 2,690,153 IFCM MicroCap Fund LP: 2,690,153

Percent of class:

(b)

Intelligent Fanatics Capital Management, LLC: 4.9% Ian Cassel: 4.9% IFCM MicroCap Fund LP: 4.9% %

(c)

Number of shares as to which the person has:

(i) Sole power to vote or to direct the vote:

0

(ii) Shared power to vote or to direct the vote:

Intelligent Fanatics Capital Management, LLC: 2,690,153 Ian Cassel: 2,690,153 IFCM MicroCap Fund LP: 2,690,153

(iii) Sole power to dispose or to direct the disposition of:

(iv) Shared power to dispose or to direct the disposition of:

Intelligent Fanatics Capital Management, LLC: 2,690,153 Ian Cassel: 2,690,153 IFCM MicroCap Fund LP: 2,690,153

Item 5. Ownership of 5 Percent or Less of a Class.

☒ Ownership of 5 percent or less of a class

Item 6. Ownership of more than 5 Percent on Behalf of Another Person.

Not Applicable

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

Not Applicable

Item 8. Identification and Classification of Members of the Group.

If a group has filed this schedule pursuant to §240.13d-1(b)(1)(ii)(J), so indicate under Item 3(j) and attach an exhibit stating the identity and Item 3 classification of each member of the group. If a group has filed this schedule pursuant to §240.13d-1(c) or §240.13d-1(d), attach an exhibit stating the identity of each member of the group.

See Item 2(a) in lieu of an Exhibit.

Item 9. Notice of Dissolution of Group.

Not Applicable

Item 10. Certifications:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Intelligent Fanatics Capital Management LLC

Signature: Ian Cassel

Name/Title: Managing Member

Date: 09/11/2026

Cassel Ian J.

Signature: Ian Cassel

Name/Title: Self

Date: 09/11/2026

IFCM MicroCap Fund LP

Signature: Ian Cassel

Name/Title: Managing Member

Date: 09/11/2026

Exhibit Information

Exhibit 1 - Agreement of Reporting